

Delivery menu

23rd – 29th March 2020

Soups

all prepared with
homemade bone broth
(unless specified
vegan/vegetarian)

Immune boost - Carrot, sweet potato, blood orange, and fresh ginger

Cleansing - Green soup with wild garlic, parmesan, and chicken polpette

Nourishing – Broccoli, ginger, miso, and white bean

Homemade focaccia - with rosemary and sea salt

Main dishes

Delivered frozen
Each dish serves 2

Spiced aubergine, chickpea and quinoa curry (vegan)

Chicken, mushroom and tarragon pie topped with filo pastry

Aubergine parmigiana with fresh mozzarella and basil (vegetarian)

Slow cooked shin of beef and Guinness with portobello mushrooms

Chorizo and pork meatballs with gremoulata crumbs

Children's menu

Delivered frozen
Each dish serves 2

Bolognese cannelloni with Parmesan

Chicken and chickpea mild coconut curry

Sausage meatball and tomato casserole

Macaroni cheese with breadcrumbs (vegetarian)

Basil and spinach pesto lasagne (vegetarian)

Our children's meals contain no artificial additives, no added salt, and at least one portion of vegetables, cleverly hidden...

Grocery box

A box of essentials. We will pick a selection of the best of what is available week by week. Box to include:

Home made quinola
Fruit
Vegetables
Free range eggs
Butter



Delivery prices

Spring 2020

All orders must be received 2 days before delivery.

Soup all prepared with homemade bone broth (unless specified vegan/vegetarian)	Delivered to you in jars which can be frozen or chilled depending on your requirements. Each jar serves 2 people (750ml) Price per jar - £7.00
Main dishes	Delivered in oven safe wooden dishes. Each dish serves 2 people. Price per dish: £10.00 Order 5 dishes or more and receive a free bottle of Romeo & Juliet Prosecco worth £11.99!
Children's dishes	Delivered in oven safe wooden dishes. Each serves 2. Price per dish: £6.50
Grocery box	Contents will vary week by week – please contact us for specific contents. £20.00
Gift vouchers	Please email with details of the recipient and requested voucher value, and we will take it from there!
Delivery	£10.00 within M25 Please get in touch if you require delivery further afield

Please send all orders and enquiries to:

orders@simpkinandroses.com

or call us on **0203 397 0425** to discuss your requirements.

We look forward to hearing from you and helping however we can!



NOTES ON HYGIENE RELATING TO COVID-19

We are fortunate that no one at Simpkin & Roses has shown any signs of infection.

All precautions have been taken to avoid introducing any infection during the preparation of your food. These include use and frequent changing of gloves and regular disinfection of all surfaces.

During delivery, your order will be handled with a fresh set of gloves which will be discarded afterwards.

The WHO states that coronaviruses are susceptible to normal cooking temperatures, so please make sure your dish is piping hot throughout before serving.

